

S1 Table. Descriptions of meta-analyses

Risk factor	Source	No. of primary studies		Measures
		Colon	Rectum	
Tobacco smoking	Cheng, 2015 [1]	7 for former and 8 for current smoker	7 for former and 8 for current smoker	Former smoker, current smoker vs. never smoker
Alcohol consumption; Obesity	Vieira, 2017 [2] Moghaddam, 2007 [3]	12 for men and 10 for women 9 for men and 9 for women	10 for men and 8 for women 6 for men and 6 for women	The increments of daily consumed ethanol contents Overweight (body mass index [BMI] of 25-29.9 kg/m ²), obese (BMI of \geq 30 kg/m ²) vs. normal weight (BMI of < 25 kg/m ²)
Physical inactivity	Mahmood, 2017 [4]	8 for men and 6 for women	6 for men and 4 for women	The increments of 20 MET hr/wk
Consumption of red and processed meat	Vieira, 2017 [2]	10	6	The increments of daily consumed red and processed meat

BMI, body mass index; MET, metabolic equivalent of task.