

Prognostic Value of Log Odds of Positive Lymph Nodes after Radical Surgery Followed by Adjuvant Treatment in High-Risk Cervical Cancer

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Purpose

The purpose of this study is to compare the prognostic efficacy of the number and location of positive lymph nodes (LN), LN ratio (LNR), and log odds of positive LNs (LODDs) in high-risk cervical cancer treated with radical surgery and adjuvant treatment.

Materials and Methods

Fifty high-risk patients who underwent radical hysterectomy and pelvic node dissection followed by adjuvant treatment were analyzed retrospectively. The patients had International Federation of Gynecology and Obstetrics (FIGO) stage IA2-IIB. Upper LN is defined as common iliac or higher LN, and LNR is the ratio of positive LNs to harvested LNs. LODDs is log odds between positive LNs and negative LNs. Radiotherapy was delivered to the whole pelvis with median 50.4 Gy/28 Fx± to the para-aortic regions. Platinum-based chemotherapy was used in most patients (93%). The median follow-up duration was 80 months.

Results

The 5-year disease-free survival (DFS) rate was 76.1%, and the overall survival (OS) rate was 86.4%. Treatment failure occurred in 11 patients, and distant failure (DF) was the dominant pattern (90.9%). In univariate analysis, significantly lower DFS was observed in patients with perineural invasion, ≥ 2 LN metastases, $LNR \geq 10\%$, upper LN metastasis, and ≥ -1.05 LODDs. In multivariate analysis, ≥ -1.05 LODDs was the only significant factor for DFS ($p=0.011$). Of patients with $LODDs \geq -1.05$, 40.9% experienced DF. LODDs was the only significant prognostic factor for OS as well ($p=0.006$).

Conclusion

$LODDs \geq -1.05$ was the only significant prognostic factor for both DFS and OS. In patients with $LODDs \geq -1.05$, intensified chemotherapy might be required, considering the high rate of DF.

Key words

Uterine cervical neoplasms, Lymph nodes,
Log odds of positive lymph node, Prognosis

Introduction

Introduction of adjuvant treatment has led to improved treatment outcomes in cervical cancer; however, 10%-20% of patients still experience treatment failure after radical surgery followed by recommended adjuvant treatment [1-3].

This recurrent disease has an unfavorable prognosis, with a 5-year survival rate of 35% [4]. Given the grave prognosis, some researchers have evaluated the efficacy of consolidative chemotherapy (CTx) after adjuvant treatment in patients with high-risk factors such as lymph node (LN) status, parametrial (PM) invasion, bulky tumor, and resection margin [5,6]. However, the role of consolidative CTx remains unclear

in these patients [7,8]. Identification of patients who might benefit from consolidative CTx after traditional adjuvant treatment first requires predictive markers for high risk of recurrence. However, unlike in the surgery-only treatment, there is no established prognostic factor for patients treated with radical hysterectomy followed by adjuvant treatment.

Underestimating the value of LN metastasis is a major weakness of the staging system for cervical cancer. The International Federation of Gynecology and Obstetrics (FIGO) staging system does not consider LN status, while the American Joint Committee on Cancer staging system simply stratifies it as N0 or N1 [9]. However, estimating risk for recurrence of other malignant solid tumors according to LN status suggests that patient's prognosis could be significantly influenced by LN burden, such as the number, location, or log odds of pathologic LNs. For example, Monk et al. [10] reported on the difference in clinical prognosis between single LN metastasis and ≥ 2 LN metastasis after radical hysterectomy followed by adjuvant radiotherapy (RT). Kidd et al. [11], who studied LN staging by positron emission tomography, demonstrated that disease-free survival (DFS) could be stratified by the most distant level of LN metastasis as none, pelvic, para-aortic, or supraclavicular area ($p < 0.001$). Demirci et al. [12] reported that the LN ratio (LNR) had clinical importance not only for overall survival (OS), but also for local control and DFS after adjuvant treatment in FIGO IB-II staged cervical cancer. More recently, the prognostic impacts of log odds of positive LNs (LODDs), the log of odds between number of positive LNs, and number of negative LNs have been studied in gastrointestinal cancers. However, the method for assessing LN status showing the most correlation with the prognosis for cervical cancer has not been determined. Therefore, we compared the prognostic value of various methods for assessing LN status, including simple pathologic N stage, the location and number of positive LNs, LNR, and LODDs in patients with high-risk cervical cancer treated with radical surgery and adjuvant treatment, in order to define subgroups at risk of high recurrence.

Materials and Methods

1. Patients

From a local database, consecutive 76 patients with histologically proven cervical cancer who had been referred for postoperative RT after radical surgery from January 2004 to June 2012 were identified. Ten patients who did not undergo radical hysterectomy and pelvic LN dissection were excluded. Among 66 patients, only 50 patients with one or more

high risk factors, including tumor involvement at the surgical margin, PM invasion, or LN metastasis, were included in the analysis for homogeneity. Patients' medical records were reviewed for collection of data on demographics, clinicopathologic factors, treatment, and survival outcomes. Information collected included patients' complete blood count, including the differential and serum levels of tumor markers before surgery. The location and number of metastatic LNs were obtained from pathologic reports. According to the location of positive LNs, LNs were classified as upper LNs (common iliac LNs or higher) or lower LNs (below common iliac LNs). The LNR was calculated as the number of pathologic LNs divided by the number of harvested LNs. LODDs is defined as $\log((\text{No. of positive LNs} + 0.5) / (\text{No. of harvested LNs} - \text{No. of positive LNs} + 0.5))$.

All patients were restaged according to FIGO 2008 staging system [13]. Treatment-related complications were graded using the Common Terminology Criteria for Adverse Events ver. 4.03. This study was approved by our institutional review board.

2. Treatment

All patients underwent radical hysterectomy with pelvic LN dissection, with or without para-aortic LN sampling or dissection at the discretion of the treating physician. Postoperative RT was delivered with megavoltage photons by a linear accelerator, using a traditional four-field technique covering the whole pelvis. In six patients with microscopic metastasis in the paraaortic area, radiation portals for the paraaortic region were added. One patient with involvement of the vaginal resection margin underwent intracavitary RT to the vaginal stump with 15 Gy over five fractions. The median total dose and fraction were 50.4 Gy (range, 50 to 55.8 Gy) and 28 fractions (range, 25 to 31 fractions).

CTx was provided concurrently to 43 patients, and no patient underwent consolidative CTx after RT. Almost all patients (93%, 40 of 43 patients) received platinum-based CTx with median four cycles (range, 2 to 6 cycles). Paclitaxel/carboplatin was most commonly used (16 patients), and cisplatin as a single agent was administered weekly in 11 patients. The other regimens were 5-fluorouracil/cisplatin (6 patients), gemcitabine/cisplatin (5 patients), docetaxel/cyclophosphamide (3 patients), and paclitaxel/cisplatin (2 patients). Concurrent CTx was omitted in seven patients, because of poor performance or refusal.

3. Clinical endpoint and statistical analysis

The baseline for follow-up (BOF) was defined as the date of pathologic diagnosis of cervical cancer. DFS was the duration from BOF to the date of the most recent follow-up

Table 1. Clinical characteristics

Characteristic	No. (%)
Age, median (range, yr)	51 (27 to 78)
FIGO stage	
1A2	2 (4.0)
1B1	24 (48.0)
1B2	10 (20.0)
2A1	9 (18.0)
2A2	1 (2.0)
2B	4 (8.0)
Histology	
Squamous cell carcinoma	38 (76.0)
Adenocarcinoma	7 (14.0)
Mucinous adenocarcinoma	2 (4.0)
Adenosquamous carcinoma	1 (2.0)
Glassy cell carcinoma	1 (2.0)
Mucoepidermoid carcinoma	1 (2.0)
Deep stromal invasion (outer 1/3)	
Negative	6 (12.0)
Positive	35 (70.0)
Parametrial extension	
Negative	20 (40.0)
Positive	30 (60.0)
Bulky tumor (cm)	
≤ 4	21 (42.0)
> 4	29 (58.0)
Lymphovascular invasion	
Negative	11 (22.0)
Positive	39 (78.0)
Perineural invasion	
Negative	43 (86.0)
Positive	7 (14.0)
Pathologic N stage	
N0	12 (24.0)
N1	38 (76.0)
Upper lymph node^{a)} involvement	
Negative	37 (74.0)
Positive	13 (26.0)
LN ratio (%)^{b)}	
< 10	33 (66.0)
≥ 10	17 (34.0)
Log odds of positive LNs^{c)}, median (range)	-1.15 (-2.09 to -0.2)
≥ -1.05	22 (44.0)
< -1.05	28 (56.0)
Pretreatment NLR, median (range)	2.09 (0.72 to 18.89)
< 2.1	25 (50.0)
≥ 2.1	24 (48.0)
Adjuvant treatment	
RT alone	7 (14.0)
CCRT	43 (86.0)
SCC, median (U/mL)	2.60

Table 1. Continued

Characteristic	No. (%)
CEA, median (ng/mL)	1.07

FIGO, International Federation of Gynecology and Obstetrics; LN, lymph node; NLR, neutrophil/lymphocyte ratio; RT, radiotherapy; CCRT, concurrent chemoradiotherapy; SCC, squamous cell carcinoma antigen; CEA, carcinoembryonic antigen. ^{a)}Upper lymph node: common iliac or para-aortic lymph node, ^{b)}LN ratio: No. of pathologic LNs/No. of total LNs harvested, ^{c)}Log odds of positive LNs: log(No. of positive LNs/No. of negative LNs).

or the diagnosis date of recurrence. Recurrence was diagnosed through imaging studies; histologic confirmation was not mandatory. Recurrences were classified as locoregional failure (LRF) or distant failure (DF). LRF was defined as a failure in the intrapelvic and para-aortic areas, while DF was considered to be all relapses, except for LRF. OS was calculated from BOF to the date of the last follow-up or death. Survival data were collected through inquiries to the Resident Registration of the Ministry of Security and Public Administration of Republic of Korea.

Statistical analysis was performed using SPSS ver. 18 (SPSS Inc., Chicago, IL). DFS and OS curves were estimated using the Kaplan-Meier method, and the effects of each variable on survival were evaluated by log-rank tests. Multivariate analysis was performed using the Cox proportional hazard model with a backward conditional stepwise regression. The cut-off point for LODDs was selected based on the results of maximal chi-square method using R ver. 3.03. p-values of less than 0.05 were considered statistically significant.

Results

Fifty patients with high-risk features were included and analyzed in this study. Median age of patients at diagnosis was 51 years (range, 27 to 78 years). Most patients (72%) were in FIGO stage IA/B. The most common histology was squamous cell carcinoma (76%). Other histologies included adenocarcinoma (7 patients), mucinous adenocarcinoma (2), adenosquamous carcinoma (1), glassy cell carcinoma (1), and mucoepidermoid carcinoma (1). Twelve patients showed no evidence of regional LN involvement. Other clinicopathologic factors are shown in Table 1.

The distribution of metastatic LNs in the 38 patients with positive LNs is shown in Table 2. The median number of pos-

Table 2. Distribution of metastatic lymph nodes (LNs) in patients with pN1 (n=38)

	Distribution of pathologic LN	No. (%)
Pelvic node dissection	Total harvested node, median (range)	30 (10-79)
	Pathologic node, median (range)	2 (1-26)
	Obturator LN	19 (50.0)
	External iliac LN	15 (41.7)
	Internal iliac LN	12 (31.6)
Para-aortic LN examination (n=13)	Common iliac	12 (31.6)
	Parametrial LN	3 (7.9)
	Total harvested node, median (range)	6 (1-17)
	Pathologic node, median (range)	1 (0-9)
	Para-aortic LN	7 (18.4)

Table 3. Treatment toxicity

Toxicity	Grade 1/2	Grade 3	Grade 4
Acute			
Gastrointestinal toxicity	24 (48)	-	-
Genitourinary toxicity	10 (20)	-	-
Neutropenia	13 (26)	4 (8)	14 (28)
Chronic			
Lymphedema	18 (36)	-	-
Peripheral neuropathy	5 (10)	-	-
Urinary incontinence	2 (4)	-	-

Values are presented as number (%). Two patients underwent surgical intervention for adhesive ileus or vesicovaginal fistula.

itive LNs was two (range, 1 to 26), and involvement of obturator and external iliac LNs was most common. Thirteen patients (19.7%) had metastatic upper LNs, 12 common iliac LNs, and six para-aortic LNs. Of these six patients, only one had skip metastasis to para-aortic LN without involvement of common iliac LNs. The median value of LODDs was -1.15. Seventeen patients (34%) had $\geq 10\%$ LNRs, and 22 (44%) ≥ -1.05 of LODDs.

During the adjuvant treatment, the most common acute complication was gastrointestinal toxicity (48%) followed by neutropenia (36%) and genitourinary toxicity (20%). These acute toxicities were resolved spontaneously within 3-4 months. Chronic lymphedema and peripheral neuropathy were reported in 36% and 10%, respectively. Two patients suffered from sustained urinary incontinence (Table 3).

1. Treatment failure

The median follow-up duration was 80 months (range, 6

to 123 months). The estimated 5-year LRF-free survival rate was 89.5%, while the distant metastasis-free survival rate was 78.5%. Eleven patients (22%) experienced treatment failure. DF was dominant, occurring in 10 cases. Six cases were DF only, four were DF combined with LRF, and one was isolated LRF. The lungs were the most common site of DF (4 of 10 patients). Four simultaneous LRFs occurred in the RT field: the common iliac LN, paraaortic LN, bladder wall, and vaginal stump. These LRFs received at least 50.4 Gy, and up to 55.8 Gy were delivered to the para-aortic failure site by conventional fractionation. Isolated LRFs, which were not in the RT field, occurred in the lower vagina, adjacent to the vulva.

Among the 11 patients with treatment failure, five died a median of 10.6 months after failure. Two patients were still alive and receiving salvage CTx at the most recent follow-up, and the others (isolated DF, 2 patients; isolated LRF, 1 patient) were successfully salvaged and had maintained a state of no evidence of disease.

2. Analysis of DFS and OS

The 5-year DFS and OS rates were 76.1% and 86.4%, respectively. In univariate analysis for DFS (Table 4), perineural invasion ($p < 0.012$), ≥ 2 LN metastasis ($p=0.030$), LNR $\geq 10\%$ ($p=0.003$), upper LN metastasis ($p=0.002$), and ≥ -1.05 LODDs ($p < 0.001$) (Fig. 1A) were statistically significant unfavorable factors for DFS. Among the methods used for assessment of LN status, LODDs was the most powerful indicator associated with DFS. Lymphovascular invasion (LVI) and pN1 showed a trend toward poor DFS (LVI, $p=0.053$; pN1, $p=0.059$). Regarding OS, LODDs again was the only statistically significant prognostic factor ($p=0.006$) (Fig. 1B). Neither preoperative tumor markers nor the preoperative neutrophil/lymphocyte ratio was a prognostic parameter for DFS or OS.

Subgroup analyses were performed to determine whether

Table 4. Univariate analysis for disease-free survival (DFS) and overall survival (OS)

Variable	5-yr DFS (%)	p-value ^{a)}	5-yr OS (%)	p-value ^{a)}
Age (yr)				
≤ 50	78.0	0.831	91.4	0.460
> 50	74.1		82.5	
Histology				
Squamous cell carcinoma	74.3	0.718	85.0	0.724
Others	83.3		91.7	
Deep stromal invasion				
Negative	100	0.149	100	0.311
Positive	69.0		83.4	
Bulky tumor (cm)				
≤ 4	78.6	0.686	82.4	0.700
> 4	74.5		88.7	
Lymphovascular invasion				
Negative	100	0.053	100	0.157
Positive	69.1		82.2	
Parametrial invasion				
Negative	89.1	0.084	95.0	0.195
Positive	67.3		79.8	
Perineural invasion				
Negative	82.2	0.012	87.0	0.801
Positive	38.1		83.3	
Pathologic N stage				
N0	100	0.059	100	0.197
N1	69.6		83.0	
No. of LN invasion				
< 2	90.0	0.030	87.0	0.801
≥ 2	59.6		83.3	
Upper LN^{b)} involvement				
Negative	88.2	0.002	90.8	0.197
Positive	46.2		75.0	
LN ratio (%)^{c)}				
< 10	89.7	0.003	92.8	0.092
≥ 10	52.3		75.3	
Log odds of positive LNs^{d)}				
≥ -1.05	54.2	< 0.001	71.5	0.006
< -1.05	96.4		100	
Pretreatment NLR				
< 2.1	74.0	0.646	85.8	0.875
≥ 2.1	83.3		86.8	
SCC				
≤ 2	87.8	0.145	93.8	0.256
> 2	72.1		82.3	

LN, lymph node; NLR, neutrophil/lymphocyte ratio; SCC, squamous cell carcinoma antigen. ^{a)}p-value by log-rank test, ^{b)}Upper LN included common iliac or para-aortic lymph node, ^{c)}LN ratio: No. of pathologic LNs/No. of total LNs harvested, ^{d)}Log odds of positive LNs: log(No. of positive LNs/No. of negative LNs).

survival differences associated with LN status (number of positive LNs, LNR, upper LN metastasis, and LODDs) remained after separating patients with pN0 (Fig. 2). The

DFS curves of patients with single LN metastasis, LNR < 10%, and only lower pelvic LN metastasis did not differ from those of patients with pN0. The DFS curve of patients

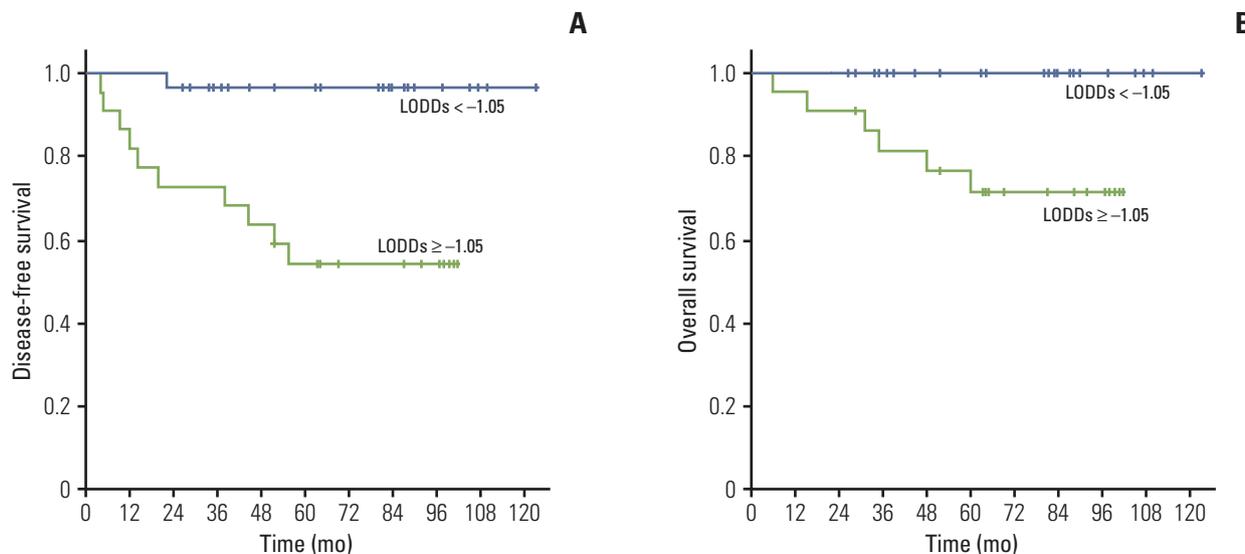


Fig. 1. Disease-free survival (A) and overall survival (B) according to log odds of positive lymph nodes (LODDs).

with LODDs < -1.05 was almost the same as that of pN0 (Fig. 2A). Patients with LODDs ≥ -1.05 (5-year, 93.8% vs. 54.2%; $p=0.015$) (Fig. 2A), upper LN metastasis (5-year, 83.1% vs. 46.2%; $p=0.023$) (Fig. 2B), and LNR ≥ 10% (5-year, 84.4% vs. 52.3%; $p=0.036$) (Fig. 2C) had significantly shorter DFS than those without these factors. Patients with ≥ 2 LN metastasis also had shorter DFS than those with single LN metastasis, but the difference was not statistically significant (5-year, 83.3% vs. 59.6%; $p=0.204$) (Fig. 2D).

Variables with statistical significance in univariate analysis for DFS were included in multivariate analysis. In multivariate analysis, DFS was significantly affected by ≥ -1.05 LODDs ($p=0.011$; hazard ratio, 0.069; 95% confidence interval, 0.01 to 0.54), which was the only significant prognostic factor for DFS. The prognostic significance of location, ≥ 2 LNs metastasis, and LNR disappeared after adjusting for other factors.

Discussion

Our data show that patients with LODDs ≥ -1.05 had significant risk for disease recurrence, specifically DF. Among the various methods used for assessment of LN state, LODDs was determined to be the strongest predictor of both recurrence and survival. However, other parameters related to LN status also seem to be important prognostic factors in patients with high risk cervical cancer as well as LODDs. The

traditional prognostic factors suggested by surgical series, including bulky tumors, deep stromal invasion, resection margin involvement, PM invasion, and pN stage, did not predict the treatment outcomes in the current study. Their clinical impact might be attenuated by the adjuvant treatment.

In most solid tumors, N stages are categorized according to the number or region of pathologic LNs, which are well correlated with prognosis in general. In this context, many researchers have attempted to determine the clinical significance of nodal involvement of cervical cancer. For example, Monk et al. [10] demonstrated that patients with two or more positive LNs had a significantly lower survival rate after radical surgery followed by only postoperative RT (5-year OS, 55% vs. 79%; $p=0.01$). This unfavorable outcome was offset by the addition of CTx (5-year OS, 75% vs. 83%; $p=0.37$). Tsai et al. [5], who also reported the negative impact of two or more LNs on survival after adjuvant RT, and pointed to the significance of the location of positive LNs, categorized LNs as lower and upper LNs and showed that metastasis to upper LN was associated with a higher incidence of distant metastasis (50% vs. 16%, $p=0.03$). In similar results, Takeda et al. [14] reported that common iliac LNs significantly affected survival (5-year OS, approximately 40% vs. 80%; $p=0.003$) after adjuvant RT. When considering the hierarchical tendency of lymphatic spread in cervical cancer, the involvement of upper pelvic LN may worsen patients' treatment outcomes. However, in the current study, despite their significance in univariate analysis, the importance of metastasis to ≥ 2 LNs and upper LN disappeared in multivariate

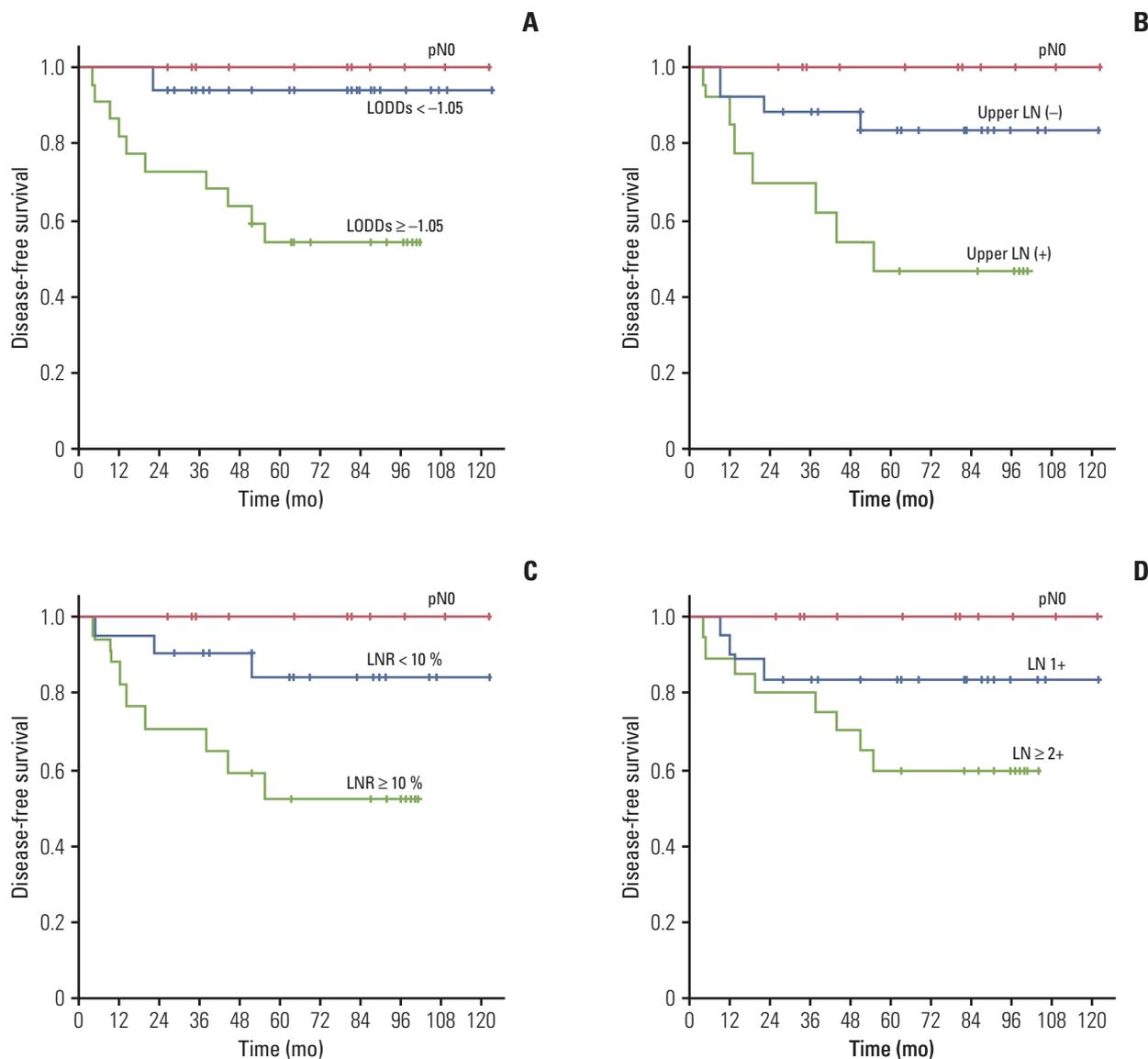


Fig. 2. Disease-free survival according to log odds of positive lymph nodes (LN) (LODDs) (A), upper LN metastasis (B), lymph node ratio (LNR) (C), and number of positive LN (D).

analysis. This change might be due to the close correlation between ≥ 2 LN or upper LN metastasis and $LODDs \geq -1.05$ (Fisher exact test, $p < 0.001$).

Polterauer et al. [15] suggested LN density as an independent prognostic factor for DFS ($p=0.01$) and OS ($p=0.05$). Their definition of LN density was the same as the LNR in the current study, while the cut-off value was 10% based on a study of esophageal cancer. Our results of univariate analysis also showed a difference in DFS according to LNR. However, this prognostic significance was not observed in multivariate analysis, perhaps because of the close correlation of LNR to

LODDs. All patients in the $LNR \geq 10\%$ group were also included in the $LODDs \geq -1.05$ group (Fisher exact test, $p < 0.001$). Both the study by Polterauer et al. [15] and the current study were retrospective studies, which included a small number of patients. Therefore, a large prospective study is needed to address the significance of the LNR.

LODDs is not a familiar prognostic factor in cervical cancer. To the best of the authors' knowledge, the prognostic value of LODDs has not been tested in cervical cancer. The efficacy of LODDs in gastric and colorectal cancer was already reported in large scale studies and Wang et al. [16]

demonstrated the prognostic superiority of LODDs to LNR. LODDs is a parameter requiring complex calculation and is less intuitive than LNR. However, LODDs' strength lies in their ability to discriminate patients with equal LNRs. In particular, Sun et al. [17] demonstrated that LODDs was still heterogeneous even though LNR was equal as 0 or 1. This finding suggested the potential of LODDs to distinguish different prognosis among patients with the same N stage.

In the current study, among the methods used for assessment of LN status, LODDs was the most powerful indicator associated with DFS. LODDs identified the subgroup that had a prognosis similar to that of patients with pN0, despite the presence of metastatic LNs (Fig. 2A). Patients with LODDs ≥ -1.05 also had decreased OS. In addition, among 22 patients with LODDs ≥ -1.05 , nine (40.9%) experienced DF. Similarly, 90% of patients with DF had a value of LODDs ≥ -1.05 . These findings suggest that patients with LODDs ≥ -1.05 might have a high risk of DF and, therefore, should be considered for further systemic CTx.

In the current study, the majority of treatment failures were DF, consistent with the findings of previous studies reported in the literature [18,19]. No relationship was observed between the RT field and the dose and recurrence site, and the incidence of LRF was acceptably low. These findings suggest that postoperative RT is delivered adequately. Further improvement of the outcomes might require strengthening CTx, instead of RT. Identification of patients at risk is important even after adjuvant RT or chemoradiotherapy. Kim et al. [20] proposed a nomogram for predicting the risk of recurrence in early-stage patients (I-IIA) after radical surgery with or without adjuvant treatment. This model is based on stage, number of pathologic LNs, PM invasion, and depth of invasion. Using similar variables, the Korean Radiation Oncology Group Study 13-03 more recently suggested a nomogram for prediction of OS after postoperative treatment [21]. However, these models have employed well-known traditional factors identified only through surgical series. The newly emerging prognostic factors after completion of adjuvant treatment also need to be evaluated.

The current study has several limitations. First, many inherent biases stem from its nature as a retrospective study. Second, the number of patients studied might be not large enough to support definite conclusions. There is a probability that two or more LNs metastasis, upper LN involvement, or LNR $\geq 10\%$ also has clinical significance in consideration of statistical correlation of these parameters with LODDs. Although LODDs was the most meaningful factor in the result of multivariate analysis, it should be validated through study comprising more patients. Finally, the study population contained adjuvant RT only groups in spite of high risk features, which caused treatment heterogeneity. However, conversely, this study population is more realistic than CCRT alone in this clinical setting. The literature has dealt little with LODDs as an important prognostic factor, thus this study is the first to demonstrate the prognostic value of LODDs in patients with cervical cancer.

Conclusion

In conclusion, LODDs ≥ -1.05 is an independent prognostic factor for DFS in high-risk patients who underwent radical surgery followed by adjuvant treatment. OS also showed a significant decrease in patients with LODDs ≥ -1.05 . Among the various methods used for assessment of LN status, LODDs was the most powerful predictor associated with both recurrence and OS. Therefore, considering the high rate of DF, intensified CTx might be required in patients with LODDs ≥ -1.05 .

Conflicts of Interest

Conflict of interest relevant to this article was not reported.

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